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## Praise for Sue Ingebretson and *FibroWHYalgia*

"Sue is an amazing woman on a mission to restore hope and health! We loved having her as part of our Women of Passionate Purpose Online Retreats. Sue is passionately knowledgeable about health matters, and offers ample encouragement for us all to find wellness...body, mind, and soul!" Casey Sollock, Women of Passionate Purpose Guest Speaker Relations  
[www.KathrynBonnerMinistries.com](http://www.KathrynBonnerMinistries.com)

"Our listener's loved her! We want her back!" Marla Martindale, Coach & Host of Winning Life Through Pain®

"Sue Ingebretson was an amazing interview for women's health issues, and attracts an audience that is comfortable to write her personally for advice. She was a great guest for Know the Cause." John Miller, Producer, Know the Cause Television, TX

"When I met Sue, I was a wreck! As a Holistic Health Counselor she has gently guided me through the process of healing. I was beating myself up physically and mentally with the pressures of competitive team sports, my work life, and my home life. I now make better nutritional choices, I value participating in healing activities such as yoga and tai chi, and I set making time for "me" as a priority." Julie Gray, Tustin, CA Tennis club manager

"Sue is my new hero!! With the aid of *FibroWHYalgia* and the resources inside I can follow in her steps, and at the same time find my own specific path that will restore my wellness. I am renaming this book FibroWOWalgia!! Darleen Witmer Kitchener, Canada Technology Consultant for Tech Agent 99 "Your Solution Agent"

"As a Traditional Naturopath, I am always communicating the importance of focusing on the fundamentals of health to my clients. If you are looking to improve your health and happiness on any level, *FibroWHYalgia* is your starting point! I recommend *FibroWHYalgia* to my clients regularly." Glen Depke, ND Costa Mesa, California

"Sue Ingebretson has definitely "done-her-homework" in *FibroWHYalgia*...the best Fibro read to date!. I am making this recommended reading to all of my Fibromyalgia patients." Dr. Mark Guariglia, DC, FibroCare Center, Point Pleasant, New Jersey

"*FibroWHYalgia* is sophisticated enough to educate doctors and simple enough to educate patients to better understand the root causes of chronic illness. I use *FibroWHYalgia* as a starting point to help take confusion out of the chronic illness equation." Bill Janeshak, DC Yorba Linda CA

"I've been reading fibro books since 1996 and Sue's *FibroWHYalgia* has been the most useful one I've read!" Wendy Burnett, Atlanta, GA

"*FibroWHYalgia* offers a wealth of knowledge not only for the chronic illness sufferer but also for anyone looking to rebuild their health. I find myself reading & re-reading it. If you live with chronic illness or fibromyalgia, or know someone who does, the advice found in *FibroWHYalgia* is worth every penny and more." Lana Barhum, NE Ohio, Patient Advocate for Fibromyalgia & Arthritis

"I suggest *FibroWHYalgia* to everyone I personally consult with, and to the followers of my Internet education program. Sue Ingebretson has mastered the sweet spot of detail with the low-keyedness that makes it an enjoyable read!" Mardy Ross, Grand Junction, CO OTR  
Founding Exec Director, Lumigrate.com